

# DRILL SHOTGUN DEAD SNAP



## SKILL

PASSING

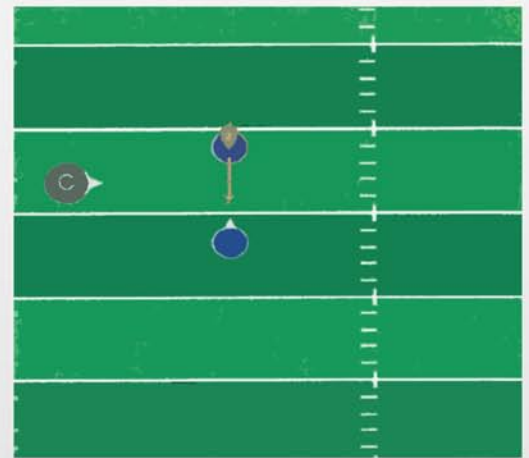
## EQUIPMENT

FOOTBALLS

## OBJECTIVE OF THE DRILL

TO TEACH PROPER MECHANICS FOR EXECUTING  
A DEAD SNAP FOR THE SHOTGUN

## SETUP AND EXECUTION



1. Line up the center three yards apart on the same line, with quarterbacks five yards behind
2. The center takes a three point stance and grips the football at the near tip, lifting that tip up at about a 90 degree angle, with his weight on the ball
3. The fingers and thumb should be evenly spread around the tip of the ball
4. The quarterback stands with his feet shoulder width apart, toes pointing forward, knees bent, hips forward and a straight back
5. His arms should be extended toward the football, elbows slightly bent, wrists cocked backward, finger up and spread, with the thumbs together
6. Before the snap, the center should look back between his legs to make sure his quarterback is in position and ready
7. When the quarterback is ready, the center should bring his head back up with eyes looking forward
8. On the proper count, the center should move the ball on the ground, between his legs, keeping fingers spread as the ball is released

## COACHING POINTS

1. His snapping arm should remain straight as he releases the ball, pushing it back toward the quarterback, aiming between his belt and chest
2. The center needs to keep bent and remain low to ensure the snap is not too high
3. The center should vary his steps when practicing the snap and the quarterback should be prepared to move his feet in case of a poor snap
4. Once the quarterback receives the ball, he should secure the ball into his belly or simulate a pass drop
5. Rotate all players through the drill