

DRILL DIRECT SNAP



SKILL

DELIVER AND DIRECT SNAP

EQUIPMENT

FOOTBALLS

OBJECTIVE OF THE DRILL

TO TEACH THE CENTER STANCE AND DIRECT SNAP TO A QUARTERBACK



SETUP AND EXECUTION

1. The centers should assume a-point stance but with arm extended to ball and appropriate grip
2. the quarterback should approach the center and extend his arms below his hips with the heels of his palms together
3. on the snap count, the center snaps the ball between his legs as instructed

5. The quarterback receives the snap, seeds the ball into his body and steps away from center
6. Once the basic snap had been mastered, change the style and direction of blocks the center makes after the snap

COACHING POINTS

GRIP

1. The center reaches out to grip the ball with the snapping hand
2. The ball is positioned with the laces on top and the fingers gripping the underside and front half of the ball with the thumb on top
3. The tip of the football is one the field until the snap count

SNAP

1. On the snap count, the center brings the ball up between the legs towards the quarterback's hands, turning it sideways at the same time
2. The ball is placed firmly in the quarterback's hands with the laces on the top
3. the center steps to the right, then left, then straight ahead and then back when practicing the snap with the quarterback